



Essex County Board of Supervisors

Resolution No. 348

December 4, 2018
Regular Board Meeting

RESOLUTION OF APPRECIATION TO THE TICONDEROGA CENTRAL SCHOOL WELLNESS COMMITTEE

The following resolution was offered by Supervisor Giordano, who moved its adoption.

Upon the recommendation of the Human Services Committee, with the approval of the Ways and Means Committee of this Body, and the same appearing proper and necessary.

WHEREAS, increased physical activity and nutrition reduces the health risk of child obesity, diabetes, and other chronic diseases; and

WHEREAS, increased physical activity and nutrition positively influences students' academic performance and behavior; and

WHEREAS, according to the New York State Department of Health, over 38% of Essex County's children are overweight or obese; and

WHEREAS, with the leadership of Superintendent John McDonald; Assistant Principal Herb Tedford and School Wellness Champions James Bullock and Kathleen Modert, the Ticonderoga Central School Wellness Committee has secured ongoing funding from sources including Creating Health Schools and Communities, to increase students' access to physical activity and more nutritious foods; and

WHEREAS, the Ticonderoga Central School Wellness Committee has successfully implemented several projects, including a garden to teach students life skills and appreciation for fresh vegetables; installation of filtered water stations to ensure access to free, safe drinking water; and equipment to increase students and staff opportunities for physical activities at school.

BE IT RESOLVED, that the Essex County Board of Supervisors, its Clerk of the

Board, County Manager and County Attorney hereby extend their appreciation and heartfelt thanks to the Ticonderoga Central School Wellness Committee for their dedication to the health of their students and staff.

This resolution was unanimously seconded and duly adopted.

STATE OF NEW YORK, COUNTY OF ESSEX)ss:

I, JUDITH A. GARRISON, Clerk of the Essex County Board of Supervisors, do hereby certify that I have compared the foregoing copy with the original resolution filed in this office on the 4th day of December, 2018, and that it is a correct and true copy thereof.

IN TESTIMONY THEREOF, I have hereunto set my hand and affixed my official seal this 4th day of December, 2018.



Judith A. Garrison
Judith A. Garrison
Clerk of the Essex County Board of Supervisors