

## OUR MISSION:

To provide leadership and advocacy which creates an environment enabling the County's aging residents to determine their own destiny in a positive, productive manner.

If you would like to help fund any of these programs, contributions are accepted and greatly appreciated!

Please make checks payable to the Essex County Treasurer and mail them to Essex County Office for the Aging!



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### FIND US ON FACEBOOK!

Essex County, NY Office for the  
Aging



### WEBSITE

[www.co.essex.ny.us/wp/office-for-the-aging/](http://www.co.essex.ny.us/wp/office-for-the-aging/)

# Essex County Office for the Aging



# HOW WE CAN HELP:

Our outreach workers help to identify older adults who are in need and aid them in accessing services. Our staff will provide home visits and help in completing paperwork which may include applications for Lifeline, Insurance forms, Medicare, SNAP, Medicaid, HEAP, etc.

**Office for the Aging also works closely and makes referrals to other agencies such as Adult Protective Services, Cornell Cooperative Extension, Coordinated Care Unit, Retired Seniors Volunteer Program (RSVP), Third Age Adult Day Care, Social Services, Caregiver Support Initiative, etc.**

## Some of our services include:

### **Congregate Meal Sites:**

There are congregate meal sites located throughout the county where older adults enjoy a nutritious meal as well as socialization, educational, recreational and health related opportunities.

### **Home Delivered Meals:**

Meals are available for those older adults who are home bound or have a nutritional need. The program covers all the towns in Essex County and provides a healthy meal as well as the benefit of a daily check on the older adult's well-being.

### **Medical Transportation:**

Clients who are 60 and over that do not have Medicaid can contact our office for transportation to and from medical related appointments. For those individuals who receive Medicaid, they can contact Medical Answering Services (MAS) for transportation at 1-866-753-4442.

### **Respite Care:**

Office for the Aging can assist in connecting families to short term care that can help provide a break from the daily routine and stress involved with care giving.

### **EISEP (Expanded In-home services for the elderly program)**

Directed at older individuals and couples who need homemaker or personal care services as well as a Lifeline unit.

### **Health Insurance Counseling**

Our staff can assist with health insurance questions regarding benefits, options, paperwork and resources. As well as help navigate you through the enrollment process of Medicare plans, Prescription drug plans, etc.

### **Home Rehabilitation**

We can help older adults apply for home rehabilitation programs for those who cannot fund necessary repairs.

### **Legal Services**

Office for the Aging contracts with a local lawyer to provide older adults basic legal assistance (Power of Attorney, Health Care Proxy, Simple land transfers, etc). Call us for an appointment! For those who need extensive legal service, please contact our office for information on other legal resources.